

SSBJCC Indoor Pool Schedule
January 10th through January 16th 2022

	Monday 10-Jan							Tuesday 11-Jan							Wednesday 12-Jan							Thursday 13-Jan							Friday 14-Jan							Saturday 15-Jan							Sunday 16-Jan																										
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KEY					
Lap Swim	Aquatics Programming	Red Cross Class	Rental Group		
ECC/J-Cares	Water Fitness	Rec Swim			

THIS SCHEDULE IS MEANT TO BE A GENERAL GUIDE ONLY AND IS SUBJECT TO CHANGE AT ANY TIME.

LAP LANES ARE RESERVED FOR SWIMMERS AGES 10 AND OVER. WHEN THERE IS ONLY 1 LAP LANE THE RECREATIONAL LANE WILL BE THE RAMP.

WATER FITNESS PARTICIPANTS: PLEASE ARRIVE 5-10 MINUTES PRIOR TO CLASS START TIME.

RECREATIONAL LANE: THIS LANE IS FOR THE USE OF OUR CHILDREN AND FAMILIES. LAP SWIMMERS ARE WELCOME TO USE THIS LANE, HOWEVER SHOULD BE ADVISED THAT THIS LANE IS NOT EXCLUSIVE TO LAP SWIMMING.

LAP LANE ETEQUITTE: Before jumping into a lane to swim, please make sure the swimmer in that lane is aware that you will be sharing with them.

CIRCLE SWIM: If more than 2 people are in a lap lane at a given time, circle swim will be in effect. All swimmers will need to keep the lane line to their right.

Passing must be completed on the left in a safe manner for all swimmers. No flip turns. Aquatics Staff reserves the right to shift persons in lanes as necessary.